



# MASH MAFIA MEET WEIGHTLIFTING ENTRY FORM

<b>Date and Time:</b>	<b>Sunday, July 10, 2016 at 12:00 PM</b>
<b>Location:</b>	<b>Mash Elite Performance: 6300 Ramada Dr, Unit C in Clemmons, NC 27012</b>
<b>Sanctioned:</b>	<b>Sanctioned: USA Weightlifting (USAW)</b>
<b>Divisions:</b>	<b>Men Schoolage: 13 and under - 35kg, 39, 44, 50, 56, 62, 69, 69+ Men Juniors: 14-20 - 44kg, 50kg, 56 kg, 62, 69, 77, 85, 94, 105, 105+ Men Open: 21+ - 56 kg, 62, 69, 77, 85, 94, 105, 105+ Men Masters: 56 kg, 62, 69, 77, 85, 94, 105, 105+ Women Schoolage: 13 and under - 35 kg, 39, 44, 48, 53, 58, 63, 69, 69+ Women Juniors: 14-20 - 48 kg, 53, 58, 63, 69, 75, 75+ Women Open: 21+ - 48 kg, 53, 58, 63, 69, 75, 75+ Women Masters: 48 kg, 53, 58, 63, 69, 75, 75+</b>
<b>Schedule:</b>	<b>Weigh-ins for the first flight start at 10:00 am Lifting for the first flight begins at 12:00 pm</b>
<b>Questions:</b>	<b>Email <a href="mailto:info@mashelite.com">info@mashelite.com</a></b>

Name: \_\_\_\_\_ Age on July 10: \_\_\_\_\_ Birth date: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone : ( \_\_\_\_\_ ) \_\_\_\_\_

Email: \_\_\_\_\_

Are you a current USAW member:      Yes              No              If yes, USAW#: \_\_\_\_\_

**Circle the weight class you are entering:**

Men Schoolage: 13 and under      35kg,      39,      44,      50,      56,      62,      69,      69+

Men Juniors: 14-20      44kg,      50kg,      56 kg,      62,      69,      77,      85,      94,      105,      105+

Men Open: 21+      56 kg,      62,      69,      77,      85,      94,      105,      105+

Men Masters: 56 kg,      62,      69,      77,      85,      94,      105,      105+

Women Schoolage: 13 and under      35 kg,      39,      44,      48,      53,      58,      63,      69,      69+

Women Juniors: 14-20      48 kg,      53,      58,      63,      69,      75,      75+

Women Open: 21+      48 kg,      53,      58,      63,      69,      75,      75+

Women Masters: 48 kg,      53,      58,      63,      69,      75,      75+

## RELEASE OF LIABILITY -- READ BEFORE SIGNING AND RETURN

In consideration of being allowed to participate in any way in the Mash Mafia Meet sanctioned by the USAW, its related events and activities,

I, \_\_\_\_\_, the undersigned, acknowledge, appreciate, and agree that:  
(Print Name)

1. The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular skills, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the USAW officials immediately; and,
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS THE Meet Director/promoter, Travis Mash, Mash Elite Performace, the Mash Mafia Weightlifting Team, USAW, and their officers, officials, agents and/or employees, volunteers, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used for the activity ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT , FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

x \_\_\_\_\_ Age: \_\_\_\_\_ Date Signed: \_\_\_\_\_  
(Participant's Signature)

### FOR PARENTS/GUARDIANS OF PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT TIME OF REGISTRATION)

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES, to the fullest extent permitted by law.

x \_\_\_\_\_ Age: \_\_\_\_\_ Date Signed: \_\_\_\_\_  
(Parent/Guardian's Signature)

Emergency Phone Number(s): \_\_\_\_\_